

# **CAGPO Affiliated Meeting--ACOG Symposium**

**Friday, June 12, 2026**

## **AGENDA**

- 8:00-8:10**      **Introduction and Welcome**
- 8:10-8:45**      **Approach to First Line Treatment of Metastatic  
Colorectal Cancer**
- 8:45-9:00**      **Discussion**  
*Dr. Dawn Armstrong, Medical Oncologist  
Cancer Care Program, NL Health Services*
- 9:00-9:35**      **The Long Tail of Cancer Treatment: Managing  
Chronic Toxicities in Practice**
- 9:35-9:50**      **Discussion**  
*Ms. Chelsea Normore, Pharmacist  
Cancer Care Program, NL Health Services*
- 9:50-10:00**      **Nutrition and Discussion**
- 10:00-10:35**      **“Moving” Through Cancer: Helping Cancer  
Patients Incorporate Exercise into Their Lives**
- 10:35-10:50**      **Discussion**  
*Ms. Paula Newhook, Social Worker  
Cancer Care Program, NL Health Services*
- 10:50-11:00**      **Wrap Up and Evaluation**

# CAGPO LEARNING OBJECTIVES

At the conclusion of this activity, participants will be able to:

## **Overall Learning Objectives:**

By the end of the program, participants will be able to:

1. Apply locally informed clinical knowledge relevant to distributed practice areas to improve patient care (*CanMEDS roles: Medical Expert, Health Advocate*)
2. Reflect on strategies for integrating CPD into clinical practice with minimal disruption to workflow and personal responsibilities (*CanMEDS roles: Scholar, Manager, Professional*)
3. Engage in a community of practice to discuss local concerns, challenges, and shared experiences with colleagues (*CanMEDS roles: Collaborator, Communicator*)
4. Identify and incorporate updates in clinical guidelines and disease management to support practice improvements (*CanMEDS roles: Scholar, Medical Expert*)
5. Interact with Oncology Healthcare Professions from Atlantic Canada to develop strategies and integrate best-practice guidelines in the care of cancer patients (*CanMEDS roles: Collaborator, Health Advocate*)

## **Approach to First Line Treatment of Metastatic Colorectal Cancer**

- Identify the most important molecular biomarkers and how they affect first line treatment options
- Summarize the current evidence-based treatment algorithms and apply them to your patient population
- Execute management of treatment side effects
- Detect barriers to treatment for patients and how to overcome them

## **The Long Tail of Cancer Treatment: Managing Chronic Toxicities in Practice**

- Identify mechanisms and risk factors underlying common chronic treatment-related toxicities in oncology
- Apply management strategies for common chronic toxicities encountered in oncology practice
- Examine different models of care to optimize monitoring and management of chronic toxicities

- Apply clinical resources to guide safe management of drug interactions in oncology patients

### **“Moving” Through Cancer: Helping Cancer Patients Incorporate Exercise into Their Lives**

- Examine the benefits of exercise for patients during and after cancer treatment
- Identify common treatment related side effects that can be improved with exercise
- Apply evidence-based exercise recommendations for cancer patients
- Devise ways to incorporate exercise into treatment plans for cancer patients